

S & S CISD Physical Education Requirements

In accordance with Texas Education Code, all S and S Elementary students (K-6) participate in “structured physical activity” for a minimum of 135 minutes weekly in their P.E. classes. The activities are based on the appropriate Physical Education Texas Essential Knowledge and Skills (TEKS).

Students in 7th through 12th grades have the option of taking a P.E. class or Athletics each year. Both courses are based on the appropriate Physical Education TEKS. One and one-half credits of P.E. (including Athletics) are required of all students to graduate from high school (19TAC§74.11).

We also have procedures in place for providing the required health-related education needs of the students both in P.E. and the regular classroom.

Parents can request their child's physical fitness assessment results at the end of the school year.