

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 7th-9th Grade Camp 9-12	2 7th-9th Grade Camp 9-12	3 7th-9th Grade Camp 9-12	4
5	6 7:30 AM Meeting 8:15-11:15 Practice #1 11:15-1:15 Rest & Film 1:15-2 Walk through	7 7:30 AM Meeting 8-11: Practice #2 11-1 Rest & Film 1-2 Walk through	8 7:30 AM Meeting 8-11 Practice #3 11-1 Rest & Film 1-2 Walk through	9 3-4 Film & Meetings 4:30-7:30 PM Practice # 4	10 7:30 AM Meeting 8-11: Practice #5 11-1 Rest & Film Walk through 1-2	11 Practice #6 8- 9:30 Rest & meetings 9:30-10:30 Practice 10:30-12 Lift 12-12:30
12	13 3-4 Film & Meetings 4:30-7:30 PM Practice # 7	14 3-4 Film & Meetings 4:30-7:30 PM Practice # 8	15 Practice #9 8-9:30 Rest & meetings 930-1030 Practice 10:30-12	16 1st day of School Practice #10 11:38-12:38 4-6	17 Scrimmage @ Frisco Legacy Christian JV- 5:30 Varsity- 7	18 Film and Lift 9 AM (Varsity only)
19	20 Practice #11 11:38-12:38 4-6 Lift 6-6:30	21 Practice #12 11:38-12:38 4-6 Lift 6-6:30	22 Practice #13 11:38-12:38 4-5:30	23 Scrimmage @ Bells	24 Film During Period Practice #14 4-6	25 Paradise Film and lift 9AM (Varsity Only)
26	27 Practice #15 11:38-12:38 4-6 Lift 6-6:30	28 Practice #16 11:38-12:38 4-6 Lift 6-6:30	29 Practice #17 11:38-12:38 4-5:30	30 JV @ PARADISE Varsity Walk- Though 4-5	31 BEAT PARADISE 7:30	